

# DANCE POP

PERFORMANCE OUTREACH PROGRAMME



AN OPPORTUNITY FOR SCHOOLS, YOUTH CLUBS AND OTHER GROUPS TO SEE DANCE PERFORMANCES AND TO TAKE PART IN WORKSHOPS GIVEN BY THE PERFORMERS

## BOOKING FORM

Name: \_\_\_\_\_  
 Organisation/School: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Day: \_\_\_\_\_ Eve: \_\_\_\_\_  
 Fax: \_\_\_\_\_ Mob: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 No. of Workshops: \_\_\_\_\_ Sex of Group: M  F  Mix   
 No. of Participants (max 30): \_\_\_\_\_ Ages: \_\_\_\_\_  
 Days/Dates Preferred: \_\_\_\_\_ Times Preferred: \_\_\_\_\_  
 1. \_\_\_\_\_ 1. \_\_\_\_\_  
 2. \_\_\_\_\_ 2. \_\_\_\_\_  
 3. \_\_\_\_\_ 3. \_\_\_\_\_  
 Type of Hall/Venue: \_\_\_\_\_  
 (Please enclose directions to your venue.)  
 Experienced: Yes  No   
 Other Comments: \_\_\_\_\_  
 No. of Workshops: \_\_\_\_\_ @ €110 (1 Hr) / €150 (1.5 Hrs)  
 Please note for workshops outside Dublin there is a 50c per mile travel charge OR Train travel/collection from School is paid by the hosting group.  
 Approx no of miles: \_\_\_\_\_ @ 50c = \_\_\_\_\_  
 OR  Train travel paid by group  
 Total Cost: \_\_\_\_\_

Send No Money now, we will contact you shortly.  
 Send To: Dance Theatre of Ireland, Bloomfields Centre,  
 Lower Georges Street, Dun Laoghaire, Co. Dublin

## WORKSHOPS

DANCE POP gets people dancing as well as seeing dance. It is an Educational Outreach Programme offering performances and workshops by Ireland's leading Dance Company. The aims of DANCE POP are two fold:

1. To give the participant an exhilarating experience in dance. We do this through workshops, which emphasize dance as a creative and social activity.
2. To provide opportunities for young people to see dance performance in it's theatre setting (especially those who may not otherwise do so). To this end DANCE POP offers substantial group discount for DTI performances in the theatre.

## WHO CAN PARTICIPATE IN DANCE POP?

Any group interested in dance can participate!

DANCE POP aims to serve young people in schools and youth clubs along with adults and other clubs such as community groups, arts organizations, sports clubs and social committees within companies.



"I wish we could do this every week! Not only fun, I was able to concentrate better in class afterwards"  
 - Pupil, Our Lady of Lourdes, New Ross

"It was one of the best things in transition year"  
 - Pupil, Scoil Ruain

"Come back next year please!"  
 - Pupil, Colaiste an Atha

**BOOK EARLY - LIMITED PLACES**  
 For enquiries and to make bookings for performances and workshops contact:  
**DANCE THEATRE OF IRELAND**  
 Tel: (01) 2803455 Fax: (01) 280 3466  
 Office Hours: 10am - 6pm, Monday - Friday  
 E-Mail: [danceire@iol.ie](mailto:danceire@iol.ie)  
[www.dancetheatreireland.com](http://www.dancetheatreireland.com)  
 Dance Theatre of Ireland is committed to the Children First National Guidelines for the Protection & Welfare of Children

## WHAT IS DANCE POP?

Dance is one of the greatest celebrations of the human spirit. It has existed since the beginning of time as ritual, recreation and spectacle. As a theatre art, it communicates with a directness unlike anything else. Dance Theatre of Ireland present their popular and inventive Dance Performance Outreach Programme (DANCE POP).

If you missed Dance POP last year or if you are one of the 50,000 people to date who have enjoyed the workshops and performances of BLOCK PARTY (2009), PARALLEL HORIZONS / UNDER THE ROOF (2008), SLOW DOWN (2007), EXODUS / GRAND JUNCTION (2006), WATERMARK (2005) now is your chance to participate in Dance POP.



"I never thought I could dance, I was wrong!"  
 - Mary Dunmore, Dun Laoghaire

"Please come back! Brilliant... it really brought our whole group together"  
 - Pupil, De La Salle, Monkstown

"Best workshop ever"  
 - Pupil, Castlecomer Community School

## DANCE WORKSHOPS

Through DANCE POP, interested groups may arrange for dance workshops to be given especially for their group. Workshops are suitable for complete beginners introducing participants to some of the basics of modern dance. Or they can be adapted to suit other levels. They encourage the expressive use of the body and imagination, and develop co-ordination, musicality and initiative. So whether you've never danced before or have lots of experience, your group can enjoy a fun and invigorating workshop in a friendly supportive atmosphere with professional teachers.

"It's so much fun... afterwards I feel like a different person"  
 - Pupil, Presentation Kilkenny

## WORKSHOP DETAILS

The workshops can take place at your own venue (school, community hall etc.) or in the Dance Theatre of Ireland Studio in Dun Laoghaire. Suitable for ALL ages. They can be one-off workshops or multiple visits in longer residencies.

Maxium Participants: 30  
 Duration: 1 or 1.5 hours

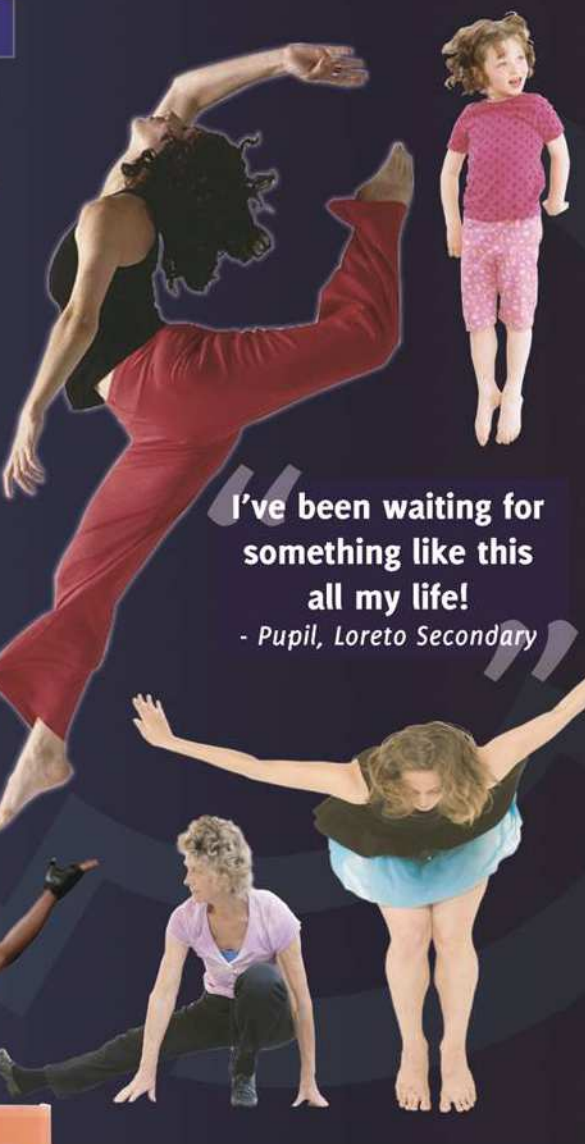


## WORKSHOP OBJECTIVES

A physical, creative and enjoyable experience in modern dance that includes:

- The basic principles of modern dance technique
- Learning routines to modern & world music
- Developing body awareness and concentration
- Improving co-ordination, musicality, stamina, flexibility and strength
- Developing spatial awareness and an understanding of movement quality, texture and timing
- Developing the imagination & creating movement
- Discussion of Dance as a career

"It was one of the best things I've ever done!"  
 - Pupil, Scoil Ruan



"I've been waiting for something like this all my life!"  
 - Pupil, Loreto Secondary